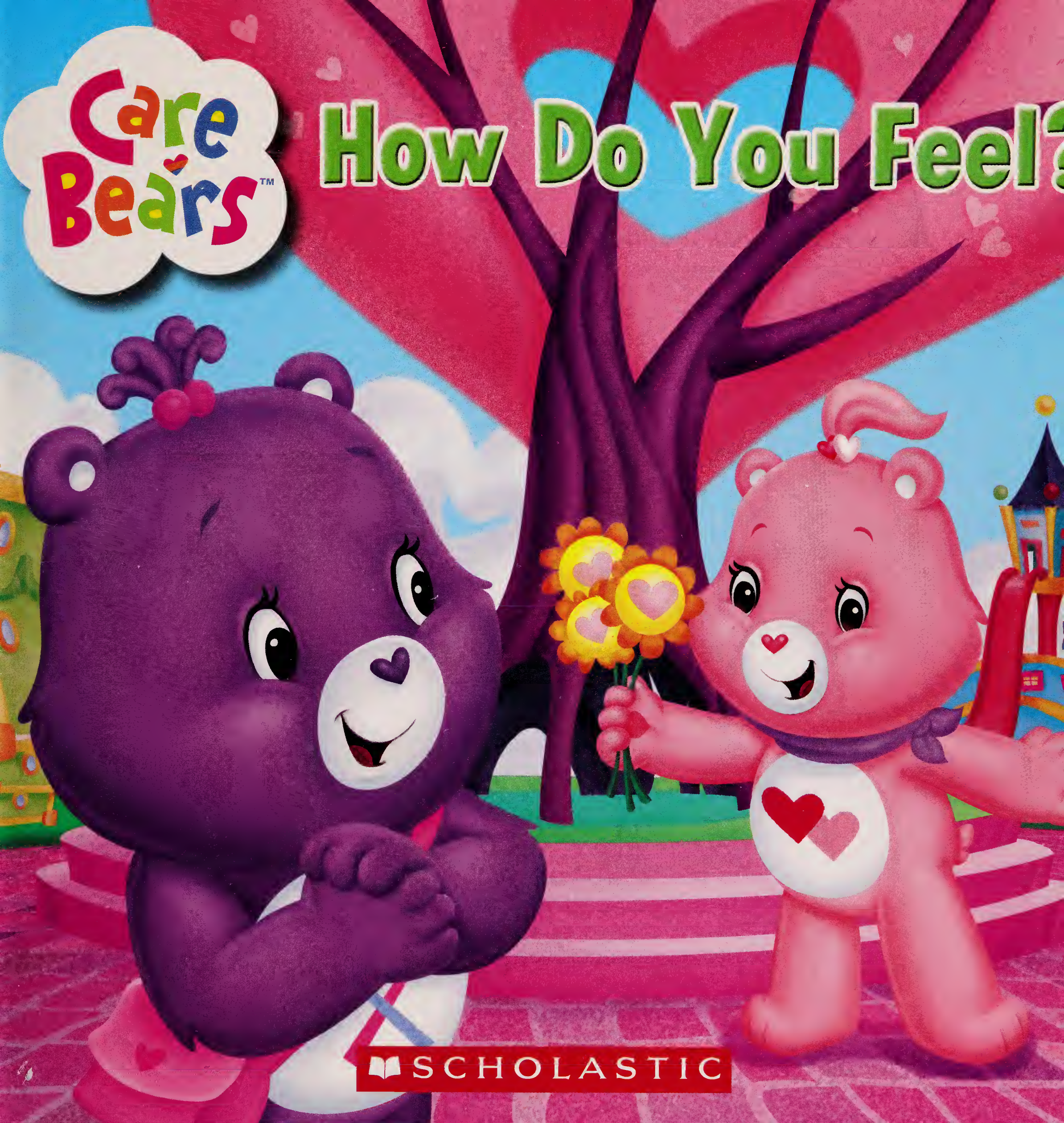
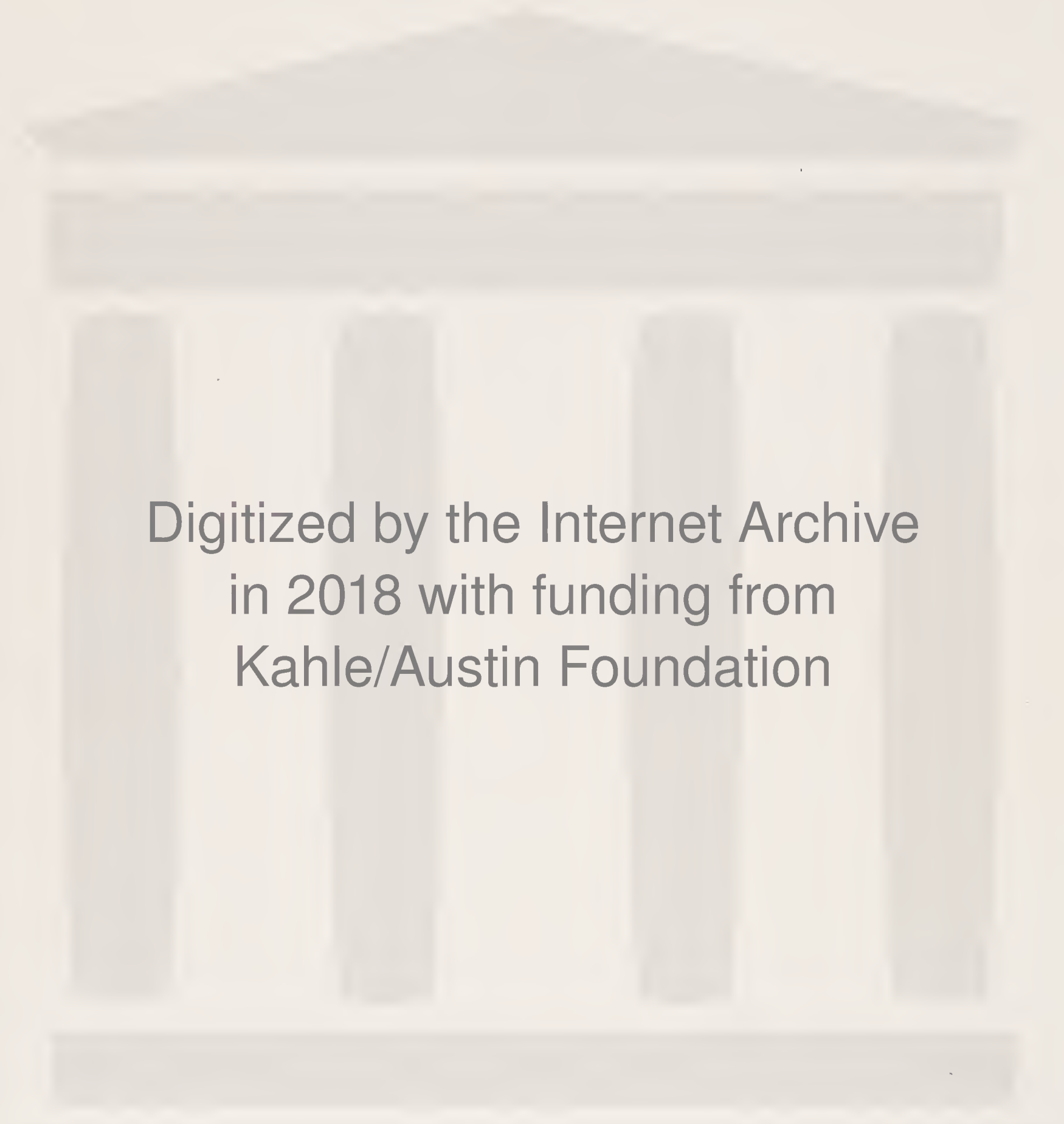




How Do You Feel?

 SCHOLASTIC



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Care-Bears™

How Do You Feel?



By Samantha Brooke
Illustrated by Jeff Harter and Jay Johnson

SCHOLASTIC INC.

New York Toronto London Auckland Sydney
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It was a very busy day in Care-a-lot.

**Some Care Bears were drawing and others were singing.
Some were listening to stories and others were dancing. And just
as each Care Bear was *doing* something different,
each Care Bear was *feeling* something different.**



Happy

It was Laugh-a-lot Bear's birthday, and her pals had planned a special afternoon of giggles and games just for her.

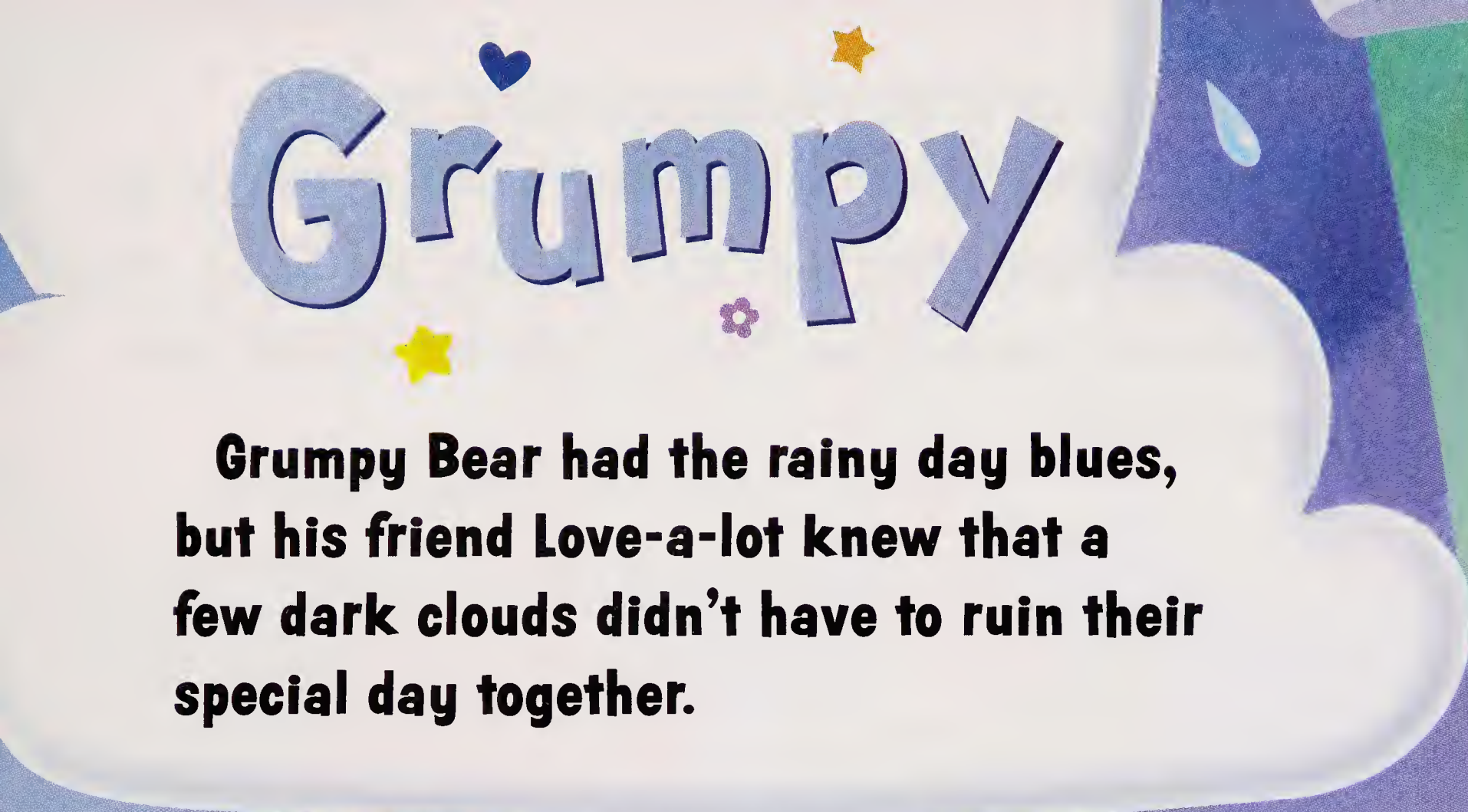


Having her very best friends around made Laugh-a-lot feel like the happiest bear in Care-a-lot.

Just before she blew out her candles, she said, “My wish already came true. Being together is the best present of all.”



Grumpy



**Grumpy Bear had the rainy day blues,
but his friend Love-a-lot knew that a
few dark clouds didn't have to ruin their
special day together.**



Love-a-lot handed Grumpy Bear a crayon.
“Sometimes all you need is a little bit of
imagination to brighten a gloomy day!”

“Thanks, Love-a-lot,” Grumpy said with a
little smile. “Maybe today will turn out okay
after all.”

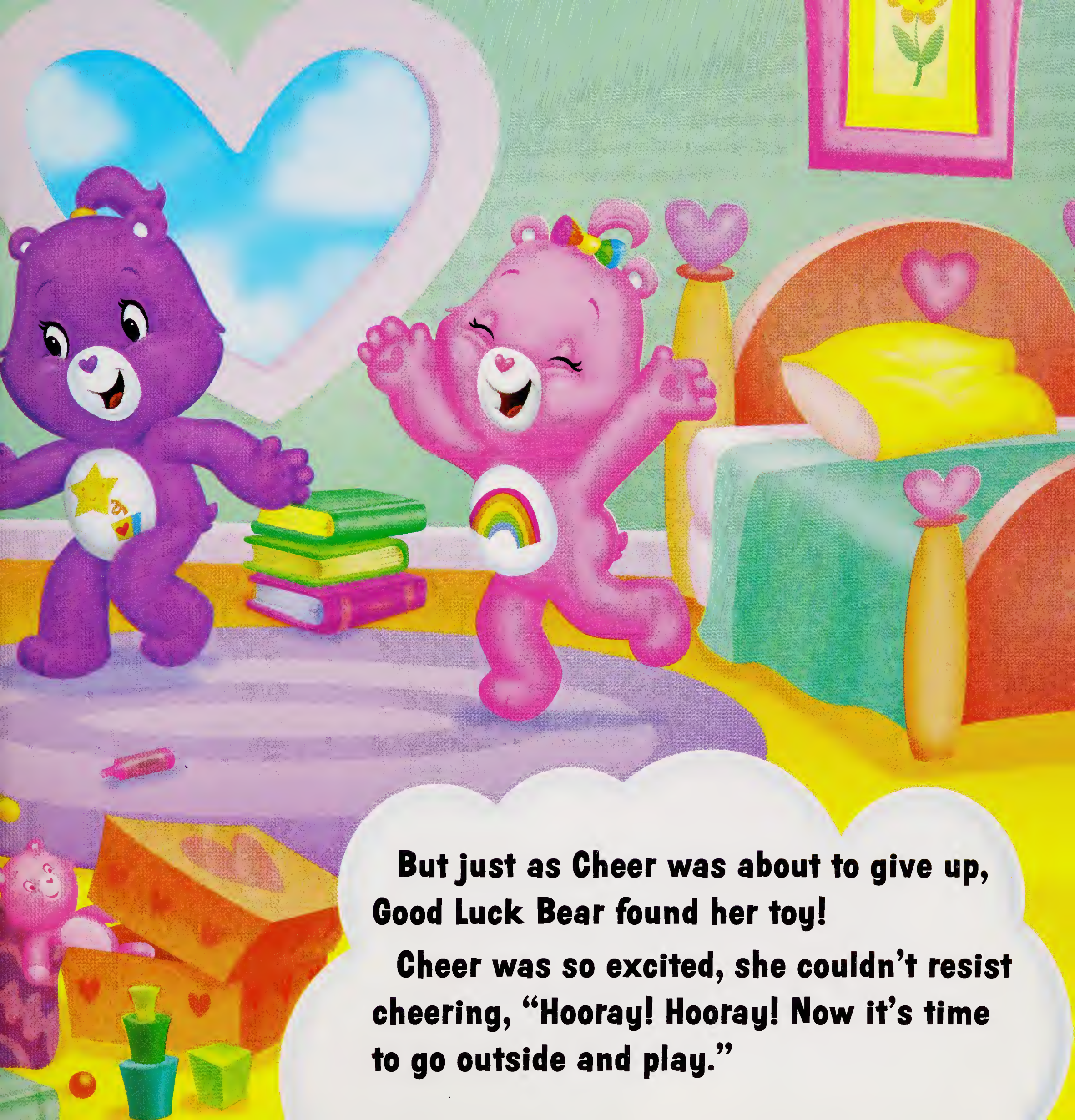


Excited

Cheer Bear was looking everywhere for her favorite toy, but the little red train was nowhere to be found.

**“It’s no use,” she said to her friends,
“I’ll never find it.”**

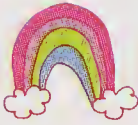




**But just as Cheer was about to give up,
Good Luck Bear found her toy!**

**Cheer was so excited, she couldn't resist
cheering, "Hooray! Hooray! Now it's time
to go outside and play."**

Sad



Wish Bear was feeling sad. She wished she was a ballerina, but her wish didn't come true.

Best Friend Bear knew just how to cheer her up.



“This bit of fluffy cloud can be your tutu,” said Best Friend Bear. That began to lift Wish Bear’s spirits.

“Now I can put on a show!” Wish Bear said happily. “And this cloud could be my stage.”

“See, you’re already a star!” said Best Friend Bear.



Silly

Funshine Bear was feeling extra silly today.

“Come on, everybody,” Funshine said. “Let’s do the Funshine Flop!”





Funshine wiggled his arms. Then he shook his head from side to side. Next he twirled around.

None of the other Care Bears could resist doing the Funshine Flop. It was simply *funtastic* to be so silly!

Lonely

Best Friend Bear was feeling lonely. None of the other Care Bears had asked her to jump rope.

“Why aren’t you playing with us?” asked Funshine Bear.

“No one invited me,” answered Best Friend Bear with a frown.



“But you’re our friend! You can always play with us,” said Funshine.

Best Friend Bear’s frown turned into a smile.

“Come on,” said Funshine Bear. “We’ve all been waiting for you!”



Proud

After weeks of practice, Share Bear was finally ready to sing at the Care Bears talent show.

Share Bear took a deep breath and stepped on stage.





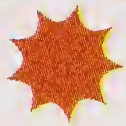
When Share Bear finished her song, all her friends clapped and cheered.

“Way to go, Share!” hollered Cheer Bear.

It had taken practice and a lot of hard work, but it was worth it. Share Bear had never felt so proud of herself.



Scared



Bedtime Bear was reading his friends a bedtime story. "And then, the Care Bear opened the door . . ." he read.

His story gave Surprise Bear the chills.





When Surprise Bear saw a spooky shadow on the wall, she jumped!

“Don’t be scared,” said Bedtime Bear. “It’s only Share Bear.”

Surprise Bear breathed a sigh of relief. Bedtime Bear could always make her feel safe.

Shy

At dinner, Oopsy Bear felt shy. He was too worried about breaking something to chat or laugh with his friends.



Then when Oopsy passed the bread to Wish Bear, he knocked over her cup.

“Oopsie!” he said shyly. “I wish I weren’t so clumsy.”

“It’s okay, Oopsy,” said Wish Bear. “We love you just the way you are.”



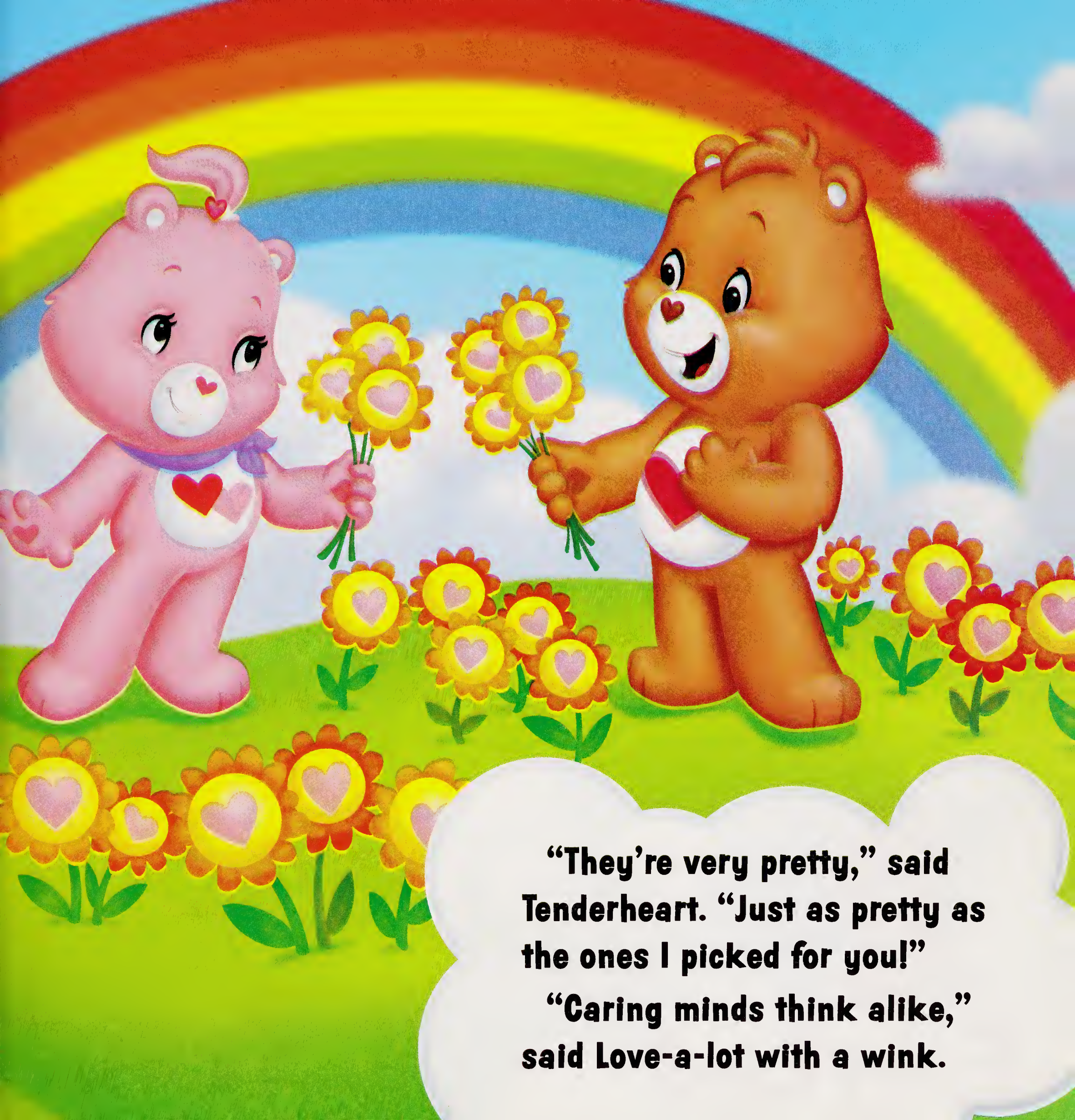
Loving



**Love-a-lot Bear loved all of her friends,
but she thought Tenderheart was the
sweetest Care Bear in Care-a-lot.**

**She showed him how much she loved
him with a fresh bunch of flowers.**





“They’re very pretty,” said Tenderheart. “Just as pretty as the ones I picked for you!”

“Caring minds think alike,” said Love-a-lot with a wink.

The Care Bears want to know:
How are you feeling today?

Scared

Happy



Lonely

Loving



Shy

Grumpy

Silly



Sad



Excited

Proud



How Do You Feel?

Are you feeling



Happy



Sad



Silly



or Mad?

The Care Bears have feelings just like you!

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